



St. Christopher's Lunch Menu

OCTOBER 2020



Please place orders
by 8:30 am with
building cafeteria
manager.

Student Price: \$3.00
Adult Price: \$4.00

Staff are welcome to
purchase a student
meal through an
Account only.

- A La Carte Lunch Items
- Chips - .65
 - Whole Fruit - .60
 - Fruit Snack/Rollup - .60
 - Ice Cream - .60
 - Cookies - .50
 - 8 oz. Water - .80
 - Milk - .55
 - Juice - .50

This institution is an
equal opportunity
provider.
Menu is subject to
change.

Monday

Tuesday

Wednesday

Thursday

Friday

Offered Daily:

**Chicken Nuggets, either Hummus Meal *OR* Fruit and Yogurt Platter,
Sun Butter & Jelly Sandwich**

1 6 Yummy Mozzarella Sticks
Spaghetti Sauce
Seasoned Breadstick
Flavorful Green Beans
Fresh New York State Apple
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

2 **Brunch for Lunch**
Mini Pancakes
Two Sausage links
Hashbrown Bites
Applesauce cup
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

5 Popcorn Chicken Bites
with Soft Wheat Pretzel
Seasoned Mixed Vegetables
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

6 **TACO TUESDAY**
Turkey Taco In the Bag with
Cheese
Bean Salsa
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

7 Penne and Meatsauce
Broccoli Bites
Chilled Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

8 Hot Diggity Dog Thursday
(Turkey Hot)
Crispy French Fries
Fresh Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk


**Superintendent's
Conference Day -
No School**

12 
**HAPPY
Columbus
Day**

13 **TACO TUESDAY**
Fiesta Beef Nacho Platter
Bean Salsa
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

14 **Brunch for Lunch**
French Toast Sticks
& Syrup
Hashbrown Bites
Grilled Sausage Patty
(Turkey)
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

15 Beef Rib Pattie on a roll with
BBQ Sauce
Roasted Carrots
Chilled Applesauce Cup
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

16 Cougar Burger
Optional Cheese Slice
Dill Pickle Spear
Crispy French Fries
Chilled Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

19 Big Daddy's Cheesy Slice
Roasted Carrots
Chilled Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

20 **TACO TUESDAY**
Soft Turkey Taco
Bean Salsa
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

21 **National Apple Day**
Chicken Nuggets
Dinner Roll
Flavorful Green Beans
Fresh New York State Apple
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

22 Bar B Que Pulled Pork
Sandwich
Chips
Broccoli Bites
Fresh Fruit Selections
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

23 Crispy Chicken Patty on a
roll
Optional Cheese Slice
Crispy French Fries
Chilled Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

26 Turkey Wrap
Optional Cheese Slice
Carrot Sticks
Fresh Fruit Selections
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

27 **TACO TUESDAY**
Loaded Beef Taco Grande
Bean Salsa
Assorted Fresh Fruit
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

28 Chicken with Gravy over
Rice
Dinner Roll
Peas
Chilled Fruit Tray
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

29 Stuffed Crust Pizza
Tossed Salad
Fruit Selections
Upstate Skim Chocolate Milk
-or-
Upstate 1 % Milk

30 **Happy Halloween!**

**11:15 AM DISMISSAL
BREAKFAST AVAILABLE**

PLEASE NOTE: The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.