

St. Christopher's Lunch Menu

OCTOBER



Offered Daily:
Chicken Nuggets, Pizza, Hamburger, Turkey or Ham Sub
Also available, prepackaged meals: Julienne Salad Plate, Chicken Caesar Salad Plate, Yogurt, Peanut Butter and Jelly or Hummus

Lunch Price:
Pre-K - Grade 5: \$2.25
Grades 6-8: \$2.40
All Reduced Price: \$.25



This institution is an equal opportunity provider. Menu is subject to change.

PLEASE NOTE: The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Kick Start Your Day ... Don't Forget to GRAB BREAKFAST!! Available daily before school starts.</p>	<p>1 Steak Sandwich Optional Cheese Slice! Crispy Lettuce & Tomato Slices Crispy French Fries Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>2 Sweet Home's Favorite Stuffed Crust Pizza Chef Salad Flavorful Green Beans Fruit Selections Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>3 Yummy Turkey and Gravy Creamy Mashed Potatoes Roasted Carrots with Warm Dinner Roll Assorted Fresh Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>4 National Taco Day Loaded Nacho Platter with all your favorite toppings Broccoli Bites Assorted Fresh Fruit Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>
<p>7 Popcorn Chicken Bites with Soft Wheat Pretzel Cucumber Coins Seasoned Mixed Vegetables Assorted Fresh Fruit Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>8 Corn Dog Hash Brown Patty Bar b Que Beans Assorted Fresh Fruit Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>9 Big Daddy's Cheesy Slice Caesar Salad Seasoned Corn Niblets Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>10 Hot Diggity Dog Thursday Crispy French Fries Broccoli Bites Fresh Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>11 Panther Burger Optional Cheese Slice! Crispy Lettuce & Tomato Slices Dill Pickle Spear Crispy French Fries Fresh Fruit Selections Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>
<p>14  Happy Columbus Day</p>	<p>15 French Bread Pizza Seasoned Carrot Coins Assorted Fresh Fruit Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>16 Creamy Macaroni And Cheese Roasted Broccoli Fresh New York State Apple Pears Upstate Fat Free Milk Upstate Skim Chocolate Milk -or- Upstate 1 % Milk</p>	<p>17 National Pasta Day Tortellini in Sauce Deluxe Beef Meatballs Chef Salad Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>18 French Toast Sticks Two Sausage links Hashbrown Bites Applesauce cup Chilled Orange Juice Fresh Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>
<p>21 Crispy Chicken Patty on a roll Optional Cheese Slice! Crispy French Fries Chef Salad Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>22 Hot Diggity Dog Tuesday Chili Hashbrown Bites Fresh Fruit Selections Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>23 Loaded Nacho Platter with all your favorite toppings Roasted Carrot Coins Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>24 Buffalo Chicken Wing Pizza Broccoli Bites Chilled Juice Tray Assorted Fresh Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>25 Yummy Grilled Cheese Cream of Tomato Soup Corn Niblets Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>
<p>28 Panther Burger Optional Cheese Slice! Crispy Lettuce & Tomato Slices Dill Pickle Spear Western Beans Chilled Fruit Tray Upstate Skim Chocolate Milk Upstate Fat Free Milk -or- Upstate 1 % Milk</p>	<p>29 Meatball Sub with Melted Mozzarella Chef Salad Flavorful Green Beans Assorted Fresh Fruit Upstate Skim Chocolate Milk Upstate 1 % Milk -or- Upstate Fat Free Milk</p>	<p>30 Bar B Que Pulled Pork Sandwich Hash Brown Patty Corn Niblets Chilled Applesauce Cup Upstate Skim Chocolate Milk Upstate 1 % Milk -or- Upstate Fat Free Milk</p>	<p>31 Happy Halloween!  1/2 DAY - PARENT TEACHER CONFERENCES</p>	