

EYE ON 

# EDUCATION

*Bringing Professional Eyecare & Eyewear to your School*

## **Teachers' Guide to Signs & Symptoms of Visual Problems**

- **Frequent Blinking**
- **Red or Watery Eyes**
- **Tilting head noticeably**
- **Complaints of Headaches**
- **Difficulty learning to read**
- **Frequently rubbing the eyes**
- **Poor hand -eye coordination**
- **Covering or closing one eye**
- **Holding a book very close to read**
- **Complaints of blurred or double vision**
- **Squinting or straining to see the board**
- **Leaving out or confusing words when reading**
- **Difficulty recognizing familiar people in the distance**
- **One eye turns in or out while the other points straight**

### **Did you know...**

- Children should have their eyes examined at 6 months, 3 years and kindergarten by a professional?
- 73% of children with eye problems will pass a routine vision screening by a school nurse or pediatrician, but will not pass when administered by an eye doctor.
- 80% of learning is visual!