

The Scoop from Miss Scaffidi

September

Sep 9th- 15th was National Suicide Prevention Week.

“Many people are hanging by the very thinnest of threads. If you treat them well, without knowing you may very well be that thread.” ~Unknown

You matter. You are worth it. You are important.

National Suicide Prevention Lifeline 1-800-273-8255 Available 24 hours every day

Screenagers Event

“SCREENAGERS reveals how tech time impacts kids’ development and also offers solutions on how adults can empower their kids to best navigate the digital world to find balance.”

<https://impactflow.com/event/presented-by-church-of-christ-the-king-9149>

Kindergarten-8th Grade

During the month of September, Miss Scaffidi goes into every single class to do an introductory lesson. Many of the students already know what the school counselor is and what that means for them, but it’s always helpful to refresh memories after a few months of summer time.

Miss Scaffidi reads “Mrs. Joyce Gives the Best High 5’s” to the K-4 students which explains the role of the School Counselor. For 5-8 students, Miss Scaffidi plays a Tic Tac Toe game and provides the students with a fun game that allows for discussion of how a school counselor can help support students.

Things Miss Scaffidi does:

- ✓ Classroom lessons
- ✓ Individual Counseling
- ✓ Small-group counseling (lunch bunch)
- ✓ Collaboration with parents and teachers
- ✓ Work with ALL students
- ✓ Encourage a safe and positive school climate

The Role of the School Counselor

Today’s school counselors are vital members of the education team. They help all students in the areas of academic achievement, career readiness, & social/emotional development; ensuring today’s students become the productive, well-adjusted adults of tomorrow.

~ASCA

~Be Kind Anyway~

“In my world there are NO BAD KIDS, just impressionable, conflicted young people wrestling with *emotions & impulses*, trying to communicate their feelings & needs the only way they know how.”

~Janet Lansbury

Classroom Lesson Topics for this year include but are not limited to:

Bullying, Self-Esteem, Waiting our turn to speak, Tattling, Making Friends, Personal Space, Growth Mindset, Positivity, Study Habits & Skills, and more.

[Pre-K] Small group lunch bunches will include learning skills such as: sharing, keeping hands to ourselves, taking turns, making friends, and more.