

The Scoop from Miss Scaffidi

October

- Bullying Prevention Month
- Personal Safety/Red Ribbon Week
- Decision Making
- Is it Rude, Mean, or Bullying?
 - Rude- unintentional (not on purpose), hurtful, happens one time
 - Mean- intentional (on purpose), hurtful, happens one time
 - Bullying- intentional, to hurt someone, repeated

Kdg, 1st: My Mouth is a Volcano by Julia Cook

Read My Mouth is a Volcano and learned about how Louis' mom taught him to stop interrupting. We learned the difference between "erupting" for an emergency versus waiting to tell our very important words.

2nd, 3rd: My Mouth is a Volcano by Julia Cook

Read My Mouth is a Volcano and learned about how Louis' mom taught him to stop interrupting. We filled out a fun flip book explaining how we would make sure our mouths were *not* volcanoes except for if there is an emergency and we need to "erupt" to get help or someone's attention.

4th-6th: My Secret Bully by Trudy Ludwig

We read about Monica's secret bully, Kate, who she once considered a "friend" until she realized what qualities she truly appreciates in a friend.

7th, 8th: Decision-making, Red Ribbon

We will be discussing the 5 C's in decision-making. Clarify or define the decision, Consider the choices, Compare and weigh, Choose the best option, Carry out your plan.

The Role of the School Counselor

Today's school counselors are vital members of the education team. They help all students in the areas of academic achievement, career readiness, & social/emotional development; ensuring today's students become the productive, well-adjusted adults of tomorrow.

~ASCA

☺ **Be somebody who makes Everybody feel like a Somebody** ☺

Resources for Parents

Try Being Kind!

<https://www.stopbullying.gov/>

<http://www.thebullyproject.com/parents>

http://www.violencepreventionworks.org/public/bullying_tips_for_parents.page

<http://www.mentalhealthamerica.net/bullying-tips-parents>