



St. Christopher Roman Catholic Church and School

Come...journey, follow and be inspired with us!

Dear Parents & Families,

My name is Laura Scaffidi and I am the School Counselor at St. Christopher School. This is my third year with St. Christopher's and I would like to review with you all the services I can offer your children as students of this school. The job of a school counselor is multi-faceted, unique, and frequently misconstrued. I provide direct and indirect services to students, as well as responsive services.

Direct Services I offer:

- +*Classroom* Lessons (monthly, specific topic. Ex: Leadership, Friendship Skills)
- +*Small Group* Counseling (based on need, to build skills or coping strategies)
- +*Individual* Counseling (based on need, solution-focused, goal-oriented to help build skills or develop coping strategies)
- + *Responsive Services/Crisis Intervention* (for situations regarding behavioral or emotional concerns & conflict resolution)
- +*Behavior Intervention*
- +*Problem Solving* strategies and support provided to students when dealing with personal problems

Indirect Services I offer:

- +*Collaboration* with teachers, administrators, nurse, etc.
- +*Consultation* with teachers, administrators, parents, community resources, nurse, student support individuals from Sweet Home School District
- +*Communicate* with and make referrals to community resources and agencies when necessary
- + *Provide support* for parents
- +*Help identify and* assist students with academic difficulties

If there are significant academic concerns regarding your child, I may reach out to the school psychologist we work with through Sweet Home School District for a consultation.

School Counselors do not provide therapy or long term counseling. I am here to help break down any barriers your child may have in regards to being successful in school. If a student receives individual counseling, on a consistent and regular basis with me, it is short-term, solution-focused, and goal-oriented. If there are any questions or concerns, please do not hesitate to reach out and ask. I can be reached at lscaffidi@saintchris.org or 693-5604, ext. 316. There is a lot to know in regards to the role of a school counselor. More information can be found at www.schoolcounselor.org or www.nyssca.org.

Best,

Laura Scaffidi, Ed.M, CAS
School Counselor

Believe ~ Seek ~ Realize

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